

Trauma Awareness Training for Business

Trauma Awareness Training for business is recommended for companies that employ TA Reservists or former members of the uniformed services, including army and other armed forces - as well as emergency services - who may have been exposed to traumatic events.

The effects of military PTSD increasingly attract media attention and the concern of employers. Managers need the skills now to recognise the condition and support staff if they become disturbed by the extreme events they have witnessed.

Why PTSD Matters to your Organisation

The number of staff, at all levels, affected by PTSD is growing, as veterans of the armed forces return to the workplace. The effects of PTSD are multiple: humanitarian, legal compliance and productivity issues for the organisation – perhaps your company. PTSD impacts on the employee concerned, as well as his or her employees and colleagues, family and friends

As a result of the work carried out by PTSD Resolution, veterans no longer have to wait to get better. Effective treatment is available today.

Now, your organisation can benefit from the professional expertise of Resolution therapists to deliver Trauma Awareness Training for your senior and line managers; so that you are fully aware of the risks and remedies.

This will improve your relationship with your Reservist employees, enhance your provision of care, and reduce the costs of retiring and retraining.

The cost of training your staff and providing treatment for your employees is far less than the costs of redundancy or retiring them, and recruiting and training new ones.

Cost details and comparisons can be discussed when you make your enquiries.

Comments by military veterans treated by PTSD Resolution:-

" I've learned ways to deal with the problem and don't think that much about the experience and when I do I am able to handle it..."

"The memories are still there, they will never go away, but I have my life back and (my wife) and I are also back together...."

" The help provided by Resolution is immediate, convenient and it's very effective. I recommend it unreservedly..."

" PTSD Resolution has got it right and I would recommend them to anyone who's suffering,

For details of courses availability and fees, please contact:-

Piers Bishop
0845 021 7873 – or email
contact@ptsdresolution.org



www.ptsdresolution.org

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resolution
rebuilding lives
registered charity no. 1133188

Course overview

Traumatised people can become depressed, anxious, angry and irrational without apparent cause. Are these symptoms of a very demanding job or a condition such as military PTSD? Trauma Awareness will explain how trauma works, how to recognise traumatised behaviour, and what you can do to support traumatised employees.

This is not only a duty of care for the business; it also makes it possible to retain the services of often valuable employees.

Course structure

Training is available in two half-day modules

The first is Trauma Awareness and Understanding which explains the causes, symptoms and treatment of trauma and equips managers to spot employees who may have a problem.

The second is the Engagement Skills workshop which teaches how to use the Rigaar Model and Structure Model to engage with traumatised people and establish a motivation to enter and persevere in trauma treatment.



Course benefits

By the end of the Trauma Awareness course you will be able to:-

- Recognise post-traumatic symptoms and PTSD
- Understand the causes and mechanisms of trauma
- Understand the effects of trauma on human behaviour
- Recognise traumatised behaviour in people with a problem
- Understand how to engage with traumatised people to explore options
- Understand the nature and availability of effective treatment
- Identify a clear route to resolving workplace difficulties caused by trauma in previous (or current) employment

Course Provider

This course is provided by PTSD Resolution in association with corporate motivation and performance consultancy Human Nature at Work UK. An independent registered charity, No. 1133188, Resolution provides counselling and treatment services to veterans of the UK armed forces, members of the Territorial Army and civilians who have worked in UK conflicts in an ancillary role.

The lead trainer is Piers Bishop – psychotherapy writer and lecturer, Resolution Trustee and Director of the national network of 200 therapists. He is also Director of Human Nature at Work.

Additional information

Trauma Awareness can be provided in-house or off the premises and presented at a mutually convenient venue. We can also customise the content to suit your organisation's needs.

To speak to an advisor about your particular requirements call PTSD Resolution – details are at the end of this brochure.

About the PTSD Resolution Charity

PTSD Resolution is a registered charity, No. 1133188, offering free therapeutic treatment to UK armed forces' veterans and reservists, to relieve mental health problems resulting from military service and ease reintegration into a normal work & family life.

Resolution offers a national outreach therapy programme through more than 200 therapists on an outpatient basis, to support family and work routines. Treatment is confidential, on a one-to-one basis, with no waiting lists and no referrals needed.

Therapy through the Resolution network is brief – it generally takes between three and five sessions to reach a mutually agreed end of therapy. It is unusual for further treatment to be needed subsequently.

Why Choose PTSD Resolution for your Training?

Expertise: Our trainers are highly experienced. They recognise and deal successfully with post-traumatic symptoms and PTSD day-to-day. This practical therapeutic expertise is now available to help and train your staff to detect and understand the symptoms of PTSD.

Charity: once we have met the trainer's fees, all additional funds from training go the charity to meet the cost of the PTSD Resolution programme – a free therapy service for veterans and reservists.

