

Pragmatic TRACKER



for
PTSD Resolution

Outcome Scores Scatterplot
2014-July 2020



PTSD Resolution

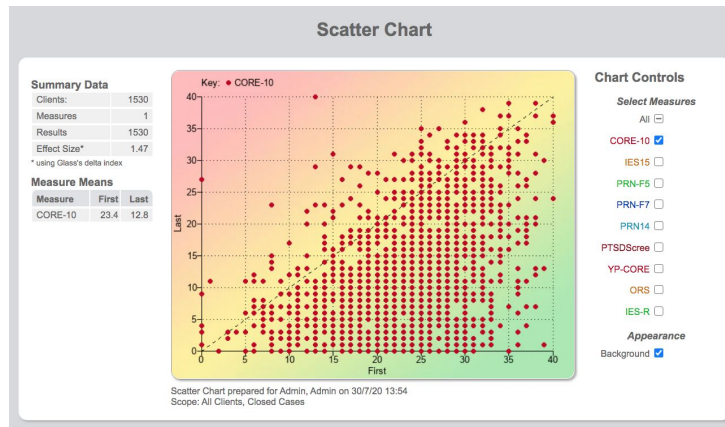


Counselling Forces' Veterans, Reservists & Families
registered charity no. 1133188

**We are on our 2830th referral to date and continue to
receive 7 new referrals per week.**

Started 11 years ago, number of referrals approach 3000. Dated reported on here commenced in 2014

CORE-10 scatterplot



CORE-10 is used as a standard measuring instrument in all clients at all sessions.

The scatterplot shows a red dot representing an individual client and the intersection of their first and last available CORE-10 score.

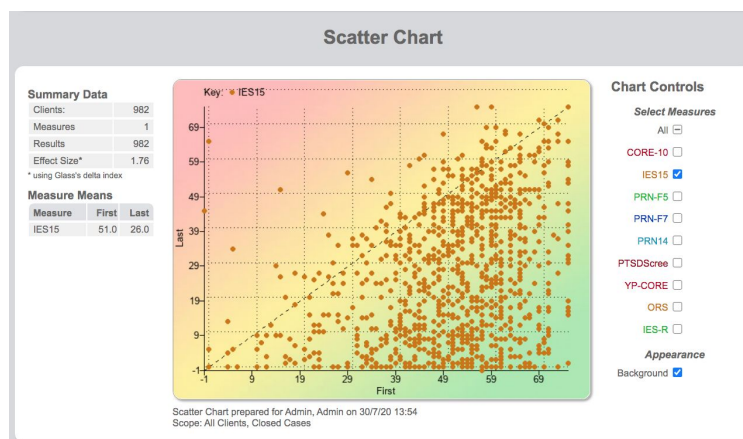
Clients who improve in treatment will be to the right side of the diagonal line.

On the left side of the chart key data are presented. An initial score of an average of 23.4 is a very clinical score indicative of considerable distress. A final score of an average of 12.8 shows a considerable improvement, approach the non-clinical cut-off score of 11. As 12.8 represents the average many clients final scores will in fact be below the clinical cut-off of 11.

1530 clients had CORE-10 measures available at 2 different time points, typically beginning and end of treatment (or, last available if they ended treatment prematurely)

The effect size is calculated by dividing the score change from 1st to last available by the standard deviation of the 1st score. The effect size represents the magnitude of change. An effect size greater than 1 is considered a large effect. The CORE-10 effect size is 1.47.

IES-15 scatterplot



IES-15 is used as a standard measuring instrument in all clients at first and final sessions.

The scatterplot shows a red dot representing an individual client and the intersection of their first and last available IES-15 score.

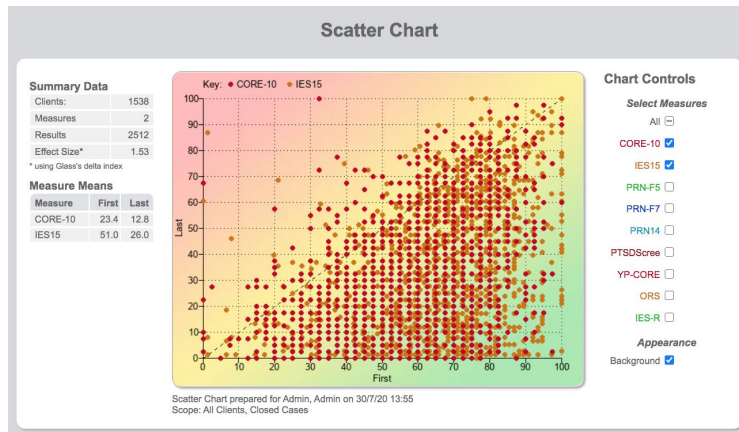
Clients who improve in treatment will be to the right side of the diagonal line.

On the left side of the chart key data are presented. An initial score of an average of 51 is a very clinical score indicative of considerable distress. A final score of an average of 26 shows a considerable improvement, finishing below the non-clinical cut-off score of 35.

982 clients had IES-15 measures available at 2 different time points, typically beginning and end of treatment. There are slightly smaller numbers of IES scores because some clients who may have dropped out may not have a 2nd IES-15 available.

The effect size is calculated by dividing the score change from 1st to last available by the standard deviation of the 1st score. The effect size represents the magnitude of change. An effect size greater than 1 is considered a large effect. The IES-15 effect size is 1.76.

Aggregated scatterplot (both measures)



This slide is simply an aggregation of the previous 2 slides. Here both measures are represented together on the 1 scatterplot.

Comment

These screenshots are captured from the live database, with no case selection or data cleaning. It is truly representative of the picture exactly as it is.

Pragmatic TRACKER



for
PTSD Resolution

Outcome Scores Scatterplot
2014-July 2020

